# Book Reviews

Trauma and the Soul: A Psucho-Spiritual Approach to Human Development and its Interruption

By Donald Kalsched

London and New York: Routledge 2013, 339 pages, \$45.55

#### Reviewed by Thomas Elsner

learning more about contemporary strate how real both are. developments in psychoanalysis, neuroscience, and psychosomatic medi- and cine and how these relate to Jungian Kalsched's wonderful

mythological stories. For this reason, as well as for its clear and engaging style, the book will appeal to the passionate interests of the general as well as the professional reader.

The author begins with debates going back to the founding fathers of depth psychology. Describing the Freud/Jung letters as "one of the most extraordinary collaborations in the history of Western thought" (p. 257), Kalsched focuses feeling attention on the profundity of that seminal collabo-Trauma and the Soul: A Psycho- ration and its collapse—a collapse Spiritual Approach to Human Develop- which, he argues, the protagonists ment and its Interruption is Donald failed to adequately mourn. That fail-Kalsched's long-anticipated second ure has kept the field antagonistically book, the first being The Inner World suspended to this day between the two of Trauma, published in 1996. This new worlds of personal and archetypal exvolume offers fresh perspectives on the perience. As an offering towards healpsychology and spirituality of traumat- ing this rupture, Kalsched understands ic experience. Those interested in that he agrees with Jung that the spirit learning more about trauma and soul world is real, potentially healing, and will be rewarded with discoveries creative, while he also understands gleaned from experiences in both con- that he agrees with the traditional psytemporary psychotherapy and myth, choanalytic perspective that the spirit described clearly and directly, and world contains powers that can be framed within a theoretical perspective used as a defense against reality. These broad enough to incorporate both per- two positions are paradoxically related, sonal and archetypal points of view. and Kalsched draws on over forty Jungian-oriented readers interested in years of clinical experience to demon-

The relationship between fantasy reality involves suffering. main theoretical psychology will find much of value in throughout, his "tentative hypothesis" this book, which holds a deep current applied over and again in many differof human feeling and is filled with ent settings, is that suffering is necespersonal, clinical, and sary for the incarnation of the potenit is a mainstay of Jungian thinking creatively. collections. "Often the transpersonal, healing is an ever-present option. sacred, story," Kalsched argues within Archetypal narratives from Dante, 5).

tial self into reality, but that too much develops an approach to the spiritual suffering will prevent or interrupt hu- dimensions of psychotherapy implicit man development. He brings contem- in The Inner World of Trauma, as reporary developments in psychoanalysis flected in the new book's subtitle, A and neuroscience to bear on his tenta- Psycho-Spiritual Approach. He proposes tive hypothesis in order, he says, to that traumatic experiences open up keep Jungian psychology up to date, spiritual experiences, breaking apart relevant, and grounded. At the same the personal layer of the psyche and time he argues that conventional re- making encounters with the numinous ductive tendencies in psychoanalysis archetypal world possible. For this reaand neuroscience are broadened by son trauma survivors often have access contact with Jungian psychology. Espe- to transpersonal realities which better cially illuminating in this context are adapted personalities are unaware of. the concise summaries of theoretical These experiences of the other world and applied developments in neurosci- (Jung's collective unconscious) are not ence that appear to support well- inherently positive or negative; rather, known Jungian concepts. For example, they can be used either defensively or Kalsched that archetypal, mythological images demonstrates that the reality and validexpress psychological truths. Today ity of the inner world does not depend neuropsychology proposes the hypoth- on the specific ways in which an indiesis that implicit memories are more vidual relates it to his or her situation; likely to become available through the opportunity to use the "spirit mythopoetic images than personal re- world" as a defense or an avenue of

this context, "holds the survivor's pain St. Exupery, various poets, fairytales, before a human story can be told" (p. and the Bible depict encounters with the inner world that trauma survivors New developments not found in The know so intimately; two examples are Inner World of Trauma, appear in the descent into hell and the recovery Trauma and the Soul. For instance, the of the soul lost in purgatory. According author is no longer so pessimistic that to Kalsched, such stories are neither the self-care system of defenses is ined-literal facts nor fantasies, but archetypucable; in part his optimism deempha- al metaphors that describe how psysizes intellectual interpretations in fa- chological defenses "keep an innocent vor of right brain to right brain com- core of the self out of further suffering in munications and dyadic regulation of reality, by keeping it 'safe' in another affect that he believes are more embod- world" (author's italics, p. 24). The goal ied and relational ways of working of psychotherapeutic work with trauthan the classical psychoanalytic ap- ma survivors who find themselves in proaches that informed his earlier metaphorical hells or purgatories, work. In addition, he more explicitly therefore, is to recover the lost soul or into relationship with reality. Thus, years" (pp. 261-2). psychotherapeutic work with trauma Kalsched interprets this letter as deor special animal.

between reality and fantasy. Archetypal menting visions cal Journeys (2006, Hillsdale, NJ: The unfortunately previously isolated or secret fantasies Jung's letter in that way before. into relationship with another person. with post-trauma.

for me to do now was to deepen and gion:

true self encapsulated in defensive at-validate this discovery. And that is tempts at self-protection and lead it what I have been trying to do for forty

survivors can be imagined as soul re- scribing a "half-truth" that seems covery. The true self, or lost soul, often "highly suspect, grandiose and oneappears in clinical material as a child sided" because it ignores the personal level of Jung's suffering, particularly One dimension of recovering the lost Freud's traumatic abandonment of soul-child occurs in psychotherapy Jung, Jung's aggression towards Freud, within an inter-subjective field that and Jung's self-directed aggression (p. becomes a mythopoetic intermediary 262). Jung's explanation of "his toras premonitory images constellated in the transference 'knowledge' of the collective violence awaken the dreamer in the patient, a surrounding the outbreak of World phrase taken from Philip Bromberg's War I in Europe," Kalsched argues, book, Awakening the Dreamer: Clini- "seems like psychic slippage that Jung Analytic Press). This awakening of the times" (p. 277). I have to admit that, as transference dream brings the patient's a Jungian analyst, I had not thought of

Appreciative readers of Kalsched's The type of relationship that ensues books and articles will likely agree that helps heal the necessary, but nonethe- he consistently demonstrates an almost less schizoid, retreat of the true self unique capacity of fairness to both perinto fantasy that took place when reali-sonal and collective as well as reductive ty became too dangerous to contend and prospective analyses of Jung's life and work. Kalsched's widely recog-Kalsched's historical and theoretical nized capacity to empathize with and analysis of Jung challenged me and led carefully give voice to both sides of the to an illuminating process of clarifying depth psychological coin (a coin my thinking. For instance, Kalsched flipped, he asserts, during the Freud/ cites Jung's letter to Mircea Eliade ex- Jung split) creates a portrait in which plaining how in 1914 Jung was, he Jung appears a model for courageously feared, on his way to "doing a schizo- suffering the tension between fantasy phrenia." As World War I broke out, and reality and gradually integrating "nobody was happier than I," Jung and healing it. This is convincingly exwrote. "Now I was sure that no schizo- pressed, for instance, in a letter Jung phrenia was threatening me. I under- wrote in 1959 after one of his students stood that my dreams and my visions reminded him of a statement he made came to me from the subsoil of the col- almost fifty years earlier in a letter to lective unconscious. What remained Freud about psychoanalysis as a reliBest thanks for the quotation from that accursed correspondence. For me it is an unfortunately inexpugnable reminder of the incredible folly that filled the days of my youth. The journey from cloud-cuckoo-land back to reality lasted a long time. In my case Pilgrim's Progress consisted in my having to climb down a thousand ladders until I could reach out my hand to the little clod of earth that I am. (quoted, pp. 266-7)

Was, as Kalsched suggests, Jung's World War I premonition also from cloud-cuckoo-land, another example of the "incredible folly that filled the days of [Jung's] youth"?

The question seems important. In the report to Eliade we discover not a youthful, but a mature Jung reflecting on his experiences of World War I almost four decades later. He describes them as essential to his life's work, not only because they relieved his fears of developing a personal psychosis, but also because with the war came a "discovery" deepened and validated over the next forty years. He knew about the inner world of trauma long before the war; that cannot be the discovery he has in mind as he reports to Eliade. Jung knew the potentially destructive side of the inner world so well by 1914 that it terrified him; he had for over a decade witnessed his schizophrenic patients being swallowed up by "God's world," the quintessence of unreality, and this is what he feared was happening to him as well at that time. The new discovery with the war seems to have been that the "subsoil of the collective unconscious" was not only an inner subsoil, but inner and outer at once. Somehow there seemed to be a real connection between inner fantasy and outer facts; in this case the link was between the dark, destructive aspects of both.

In The Red Book Jung reveals more about how deeply taken he was by the realization that his inner personal life was connected to the collective after the outbreak of World War I. For instance, he states that "the spirit of the depths in me was at the same time the of of world the depths affairs" (2009, pp. 230-1). "Because I carried the war in me, I foresaw it. . . . I struggled with mirror images of myself. It was civil war in me" (ibid., p. 241). Carrying the war within himself, struggling with his own civil war and in this way foreseeing the collective war, the sense that the war outside is a mirror image of the war within-these are statements of a man who understood that the personal and collective aspects of experience are related. Kalsched contends that Jung bypassed his painful inner personal suffering in favor of an outer explanation for it. Yet in The Red Book, Jung writes that being conscious of and carrying his personal war-not denying it or dissociating, or slipping out of it-is what allows him to foresee the collective war: "because I carried the war in me, I foresaw it."

As we witness Jung pondering the relationship between inner and outer during World War I, we discover not so much a defensive move, or one of the foolish ideas of his youth that he would later disavow, but the seeds of his mature concept of the collective

unconscious, his theories of synchro- the equal doses of theoretical illuminanicity and the psychoid nature of the tion and practical wisdom. archetype, his essay "On the Nature of the Psyche," his book Mysterium Coni- References unctionis, and his twenty-six year collaboration with Wolfgang Pauli on the relationship of psyche and matter. Although Jung no doubt had his fair share of cloud-cuckoo-land ideas, to which he would later embarrassingly own up, his premonition about World War I does not appear to be among them. Rather it seems that even decades later Jung regarded his belief that he knew about the war before it happened as prima materia upon which he worked with steady, careful, and mature reflection.

Keeping Trauma and the Soul in mind, I begin to wonder if perhaps, by taking this perspective, I'm revealing that I am one of those people who tend to value impersonal ideas over personal problems—an example of the type of influence the book is having on one of its Jungian-oriented readers!

Trauma and the Soul is a major contribution to the depth psychological community. It brings Jungian analysis up to date with advances in related fields and gives voice to the contemporary experiences as well as the dimly sensed intuitions of patients, therapists, and others who are deeply and passionately engaged with the causes, effects, and meanings of trauma. As I return to what I value about the essence of this unique book, I find myself grateful for its influence and many unforgettable stories, both personal and archetypal, and I offer my thanks for

Jung, C. G. (2009). The red book: Liber novus. S. Shamdasani (Ed.). M. Kvburz, J. Peck, & S. Shamdasani (Trans.), NY & London: W. W. Norton.

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#### Dreams of Totality: Where We Are When There's No-thing at the Center

By Sherry Salman

New Orleans: Spring Journal, Inc., 221 pp., 2013. \$32.95

### Reviewed by Jeffrey Rubin Morey

'Monotheism of reason and heart, polvtheism of imagination and art, this is what we require." Systematic Program of German Idealism (Santer, 2001, p. 130)

"If there were no song, you would have this song..." Theme for the Eulipions (Kirk and Neals, nd)

In this thoroughly "of the moment" book, Sherry Salman takes us on a journey starting on a train platform in Penn Station in Manhattan carried on the wings of her dream, to multifarious She sees the approaching reckoning, mentation of power" (p. 8). the slouching monster headed toward Salman's medium for exploring our

ture, and the consulting room. I would ness, dreams of totality have punctu-"Post-Jung" conversation.

concern: that we experience and hold human mind and heart" (p. 17). onto dreams of totality. Focusing be- Let's examine the structure of the this may have in the clinical setting, vent, the imagination, is the solution" this is more a work of cultural criticism

cultures, places, times, technologies than a parsing of the gap between toand ideologies. She seeks to make a talities and the unfolding of wholeness case that the "story before the story" in the individual human subject. It is a lies in the human imagination. If imag- short drive from dreams of totality to ination extends everywhere in all directotalitarianism. Behind the marshaling tions, where would we find its center? of Salman's arguments about the pri-As she says elsewhere, "In Psychology macy of the human imagination I see and Alchemy, Jung imagined the imag- the specter of totalitarianism and the ination as the most important key to heritage of Twentieth-Century Holothe understanding of the alchemical caust. "[D]reams made reality ... have and analytic opus." (Salman, nd, p. 1) become loci for the coercive imple-

its postmodern Bethlehem, as a con-tendency to produce dreams of totality frontation with imagination itself ra- is the human imagination. She asserts ther than with the multitudinous posit- upfront, "rather than imagination beed parade of ideas, religious, cultural ing the antithesis of rationality, it may and political systems that History has actually be the basis for rational thinkpresented through the Veil of Maya. ing, the process by which we begin Salman begins her book by sharing a making sense of our experience" (p. dream she had shortly before the presi- 19). She repeatedly points toward the dential election of 2008. She credits danger of either diminishing the value this dream with inspiring this book, of human imagination or overvaluing Her dream appeared out of the psyche- it through literalizing belief systems. soup of the post-millennial, post-9/11 Thus, her call to face imagination on its period. With the waning of the Bush own terms takes on a powerful urgenpresidency, our world was careening cy. It also represents the methodology on the verge of the collapse of the "too through which she joins analytical psybig to fail" financial forces dominating chology with postmodern deconstruccapital and colonizing cultural dis-tionism. Not surprisingly, she uses the course. Thus, she implicitly offers her unfolding history of human imaginaefforts to make sense of the postmod- tion as the basis for making her arguern circus that we now face in life, cul- ments: "In their particular completeadd that she is contributing to the ated the story of humanity's creative...a living record of symbols that have left Salman's title suggests her central traces of the evolutionary path of the

yond the individual's tendency to argument. Salman says, "[W]hat I hope dream in totalities and the implications to convey is that holding to that soling operation of imagination in the possibilities. unfolding of culture(s), offering exam- True to her thesis, Salman uses imagthe symbol in imaginal terms.

passages of culture or being. Currently sion of the "truth" in her formulation. we are in such a time, where the pas- Salman posits that "dreaming of to-

(p. 12). She first describes the underly- erode these verities as to initiate new

ples of images of totality that have tak- es to advance her arguments. Often en hold in different places and at expressing her ideas in terms of dualidifferent times in the cultural imagina- ties, she offers the womb-tomb image. tion. One can see in the background This describes the dynamics of opening Jung's way of explaining the symbol, and closing around a newly born no-He taught that the symbol is a contain- tion. She introduces the ancient idea of er for the best means of expressing an the magic circle, whose function was to unknown idea, but also that a symbol enclose and make safe while also exloses its value over time, as the power cluding the threatening forces of evil. to fascinate or explain wanes. There is a The womb-tomb duality allows her to close affinity between Jung's conceptu- describe how a magic circle, or any alization of the symbol and Salman's dream of totality, can serve as a safe use of the dream of totality. Perhaps enclosure for the birth of a creative she hopes that such a translation will possibility or as the stultifying, deadenslip the trap of reification by casting ing foreclosure of potential. However, by correlating modern dreams of total-Salman next discusses the dynamic ity with the magic circle she subverts shifts between paradigms of totality the modern mind's tendency to vest its and phases of chaos, extending the al- own notions with a level of certainty chemical idea of "return to chaos" into that after all arises from the same the larger scene of cultural/religious/ ground of imagination as does the political structures. She terms this the magic circle. The unfolding of reso-"call and response" dynamic. That is to nances between ideas of old, which are say, times of chaos and confusion call no longer taken seriously, and their for new forms of totality that unify modern counterparts, which some may their disparate elements. Likewise, take literally, propels a confrontation such unifying or totalizing forms can that sees the imagination on its own become too rigid and can prompt their terms. The dreaming of totality itself own dissolution, leading to chaotic constitutes a constantly revising ver-

sage into "the age of Aquarius" or the tality works like a universal medicine postmodern moment is being precari- for both society and individuals, what ously negotiated. This represents the the ancient Greeks called a pharmafirst link in Salman's argument: pas- kon" (pp. 8-9). She characterizes the sages in the forms of consciousness are idea of a healing substance with a bivanegotiated through imagination's ten-lence similar to that of the magic circle, dency to dream forms of totality, vest in this case the duality of poison and them with the power of eternal truth, panacea. Here she traverses the gap and then in an emerging transition between the blood of Medusa (said to

heal when flowing from her right side self reflection to the outward archiving apple. The fragmentation of thought the world" (p. 120). around the meaning and use of stem This offers some interesting food for explores.

the notion of inwardness characteristic vidual human subject. of the "discovery of the unconscious." Returning to the idea of pharmakon,

and to poison when flowing from her and sharing of relatively fictional/ left) to the modern day conundrum of truthful fragments with several million the pharmaceutical industry. For ex- of one's closest friends via the internet, ample, we see the plague of addiction she sees a shift in the meaning of self in contrast to the effectiveness of won- and a movement away from the idea of der drugs. One current headline relates the unconscious as inwardness. "If to the ubiquitous distribution of pain fragmentation is itself a psychomedication for good and ill. Another pomp..., we are well on our way. Upduality is that of the stem cell, which dating psychology's dream of totality some see as a potential opening into a seems to necessitate widening out the completely new and profound source dream of self into what used to be of healing, while for others it usurps called psyche, a move that connects self the divine gift of creation—a forbidden more firmly with other selves and with

cells is characteristic of the postmod- thought. For example, what is the fate ern Balkanization of our world and a of Jung's self in such a world? Is Salsymptom of the breakdown in the uni- man proposing the movement away ty of culture and mind that Salman from or beyond the notion of the enclosed individual self? And then what Salman uses these ideas to trace a of individuation? This formulation also movement from the pagan notion of suggests that psychoanalysis and societhe gods of nature to the patriarchal ty's relatively recent focus on the bornotion of gods drawn together into a derline personality disorder is the diagtranscendent unity and to our concep- nostic reification of this coming shift. tion of the "gods of the depths." With The drama and violence of the borderthe death of god came the birth of line personality reflects the death/ depth psychology, and this constitutes rebirth pains of some mysterious tranthe path from multiplicity to unity and sition in our experiencing of the indi-

Salman traces the evolution of the psy- we see one of its corollary elements in chology of the unconscious forward to the pharmakos: the ritually sacrificed its current place as she reads the scapegoat used to purge, cleanse, and trends. With the ascendency of the in- in so doing unify the community in ternet and the urge to give narrative ancient Greece. Of course the transiequivalency to the blogging of frag- tion we are currently experiencing is ments of both "true" and "false" selves, accompanied by pain and bloody consociety has moved away from the origi- flict. Salman understands these horrific nal understanding of Freud's or Jung's expressions as evidence of the univerunconscious as an internal experience, sal tendency for sacrifice and blood In the shift from the inward glance of payments as old dreams of totality give way to the building up of new ones. "Whether we like it or not, there seems to be a relationship-if bloody and costly-between dreaming of totality and sacrificial action" (p. 149). Salman suggests that we must learn to keep the wound open so that premature closure doesn't lead to a continuation of the bloody cycle. For her, that means relating to imagination on its own terms. Salman, S. (nd) "True Imagination," This brings to mind President Obama's "audacity of hope" in the political landscape and Wilfred Bion's "faith in the unknown" in the psychoanalytic arena. Salman's closing gambit emphasizes the vital importance of giving attention transgressive.

her approach and an internally consistent explication of her ideas. Would that she had space and time to contextualize them with those of other writers, but that project goes well beyond the scope of her intentions here. For example, where do Salman's ideas relate to Giegerich's project? And how By James Hollis can we reconcile her thought to the developmental school or psychoanalysis proper? It no longer serves us when an author claims Jung's true legacy for him or herself. "Imagination, imagination everywhere, lo the concepts shrink, Imagination, imagination everywhere nor any certainty to drink." Rather Salman leaves to those of us taking frequent walks through the Wasteland the burden of making such links and furthering Jung's thinking in a postmodern world. Put differently, we are with tasked with furthering analytic insight in a post-Jung world.

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unpublished manuscript.

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#### Hauntings: Dispelling the Ghosts Who Run Our Lives

Asheville, NC: Chiron Publications, 2013, 154 pp. \$25.00

## Reviewed by Sondra Geller

Hauntings is the book that summoned an author. James Hollis had decided that his thirteenth book, What Matters Most: Living a More Considered Life, would be his last. This reviewer would have challenged the resolve of that decision. Hollis was ready to "throttle back a bit," having written more than a with psyche. Hollis discovered this allowing the offspring to individuate. tact the authorities. The dreamer called text is an "obligation." the pharmacy, told them that the Genpen department (p. xv).

dozen books and innumerable articles. not dead. They continue to hover He had lectured prolifically around the around from generation to generation, globe—to say nothing of his many from the personal to the collective. years of teaching, founding Jungian These "spectral presences," as Hollis training institutes, serving on national calls them, cause havoc in one's life. and international Jungian certification They can short circuit the individual's boards, devotion to his clinical practure path, extending the attachment to tice, and last but not least his family an old parental framework. This bluelife. Throttling back, he explains, was print may fulfill the unlived life of the an ego decision that did not sit well parent, but all too often stops short of

when he awakened one day with a Hollis understood that his dream dream about General Ulysses S. Grant. about the dead, but mysteriously still In the dream the General appeared to alive, General had come to bring him a be dead, his corpse covered with a message. He continued to ask himself blanket. As the dream unfolded, the questions in the manner of Jung: dreamer, walking in and out of the "What are you about?" "What have room where the corpse lay, began to you come to tell me?" Slowly the notice that the blanket was shifting. He dream delivered its message. He unbegan to wonder if the General might derstood that he was being summoned not be dead, but still somehow, myste- by psyche to write about the longriously, alive. Perhaps that was why lasting effect of the dead upon the liv-Grant appeared to have a scowl on his ing, both in the personal psyche and in face. Finally the dreamer approached the objective psyche. He tells us, "The him, got close to his face and asked, past is not dead; it is not even past. "Are you angry." The dreamer heard a And what we resist will persist—as grunt that sounded like "yes." He then haunting" (p xix). This is Hollis' introrushed away from the room and his duction to the book. He says that the female companion urged him to con- dream was a "summons" and that the

Thus Hollis is drawn into his thesis, eral was alive, and then requested the explaining the gravitas of unconsciously giving sway to the power of the myr-Hollis was both amused and mysti- iad spectral presences, ghosts, and fied by the dream. It stayed with him hauntings which persistently find their all day and for some time after, haunt- way into our lives and historically play ing him. Slowly the meaning of the such an integral role in the lives of tribdream became clear. Hollis' decision to al peoples whose cultures were foundcut back on his writing was made from ed upon such mysteries. Part of our the standpoint of his ego, but the Self challenge as Westerners is that for was not ready for this surcease of his hundreds of years there has been little vocation. The dream about General tolerance for such beliefs in our cul-Grant was telling him that the dead are ture. The potency of our ancestral

psychologically 'psychologizing' them" (pp. xii-xiii).

Hollis develops his thesis in the eleven chapters that follow, describing in scious life and convincingly urges his his exquisite clear scholarly prose what readers to do the same. How many he means by "hauntings," in both per- times in Hauntings he says, "Show up sonal and collective domains. He sup- for life!" One of the most poignant moports his thesis with quotations from ments relates to the tragic loss of his Jung, abundant literary sources, case son. Even then, in the throes of unimmaterials, and his own personal life aginable grief, he realizes that to sucexperiences. In the end, one attends a cumb to shrinking away from life feast of examples of how riddled we are would be the worst way of honoring with "quantum particles" from the the memory of his son. How many of past.

multiplicity of circumstances where sponse is both heart-warming and inthey may occur, demonstrating how spiring. "Show up for life!" these psychic interferences complicate our lives. Clinical data enliven the text, but in the most vibrant illustrations, Hollis discloses examples from his personal life. He transports us from the intellectual process of reading a scholarly text to the experience of being in the company of a man of heart and soul. It is in these moments that Hollis gives us Jung embodied.

Hollis unfolds the narrative of his family of origin and their struggles to make a go of it, given their financial limitations. The best intentions of his

hauntings has been forced under- mother and father affected and shamed ground into the unconscious, mani- him. The ancestral hauntings followed festing in mysterious and often grave his parents to this country from abroad somatizations or psychological com- and then surfaced in the young Hollis. plexes that hover in the wings, ready to He resolved to realize for himself the derail us as we are called to answer the education that his father could not summons to "show up" for life. Hollis have when he was a young man. Many explains, "The task before us, then, is to of Hollis' life goals were inspired by his consider more fully how we are all gov- early years and remained alive even as erned by the presence of these invisible they became modified and softened by forms which move through us, and his discovery of and engagement with through history, and to understand Jungian thought, his own analysis, without training, and certification. He's done the work.

Hollis is in service to living a conus have had to confront similar situa-We read about hauntings in the tions? Hearing Hollis' personal re-

> When we can acknowledge the presence of the invisible in our visible worlds, as my dream and those intrusive synchronicities recalled for me, we truly appreciate the symbolic life and participate once again in the mystery of which our individual journey is such a tiny but inestimable part. The flight from these mysteries, the flight from the summons to look within, shows up over and over as

symptoms, somatic disorders, or troubling dreams. (p. 26)

If Hauntings: Dispelling the Ghosts Who Run Our Lives is really Hollis' last book, it is a noble endnote. However it is difficult to believe that psyche won't come again to summon him with yet other ideas begging to be written. This is a book to read and experience. It speaks to Jung embodied.

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